



IEST, Shibpur  
आई आई ई एस टि, शिवपुर  
Erstwhile B E College (Estd 1856)

# Indian Institute of Engineering Science and Technology (IEST), Shibpur

*Cordially Invites You to the Celebration of*

## International Day of Yoga, 2021 (IDY-2021)

*Focusing on the Theme  
“Yoga for Well-being”*

*for the holistic well-being of every individual  
amidst the raging Covid-19 pandemic*

Date: 21<sup>st</sup> June, 2021; Time: 7 AM – 8 AM

Join us through Google Meet Online  
<https://meet.google.com/faj-akan-zdh>

### Online Celebration Program:

- 07:00 AM** Introduction by Prof. Debabrata Mazumder, Dean (Students' Welfare), *IEST Shibpur*
- 07:05 AM** Inaugural Speech by Prof. Parthasarathi Chakrabarti, Hon'ble Director, *IEST Shibpur*
- 07:15 AM** Yoga Performance by the Students, Officers, Faculty and Staff Members of IEST, Shibpur under the Guidance of Dr. Sujata Pal, Indian Research Institute for Integrated Medicine (IRIIM)
- 08:00 AM** Vote of Thanks by Prof. Rana Roy, Registrar (Acting), *IEST Shibpur*

As a special initiative, a dedicated Training program has been conducted prior to the online celebration, wherein four students of the institute were trained up specifically for IDY 2021. The performance of these students, namely Mr. Dipak Singh, Mr. Modassir Khan, Mr. Adarsh Singh and Mr. Ankit Kumar Verma are highlights of the online celebration.